

Fun and Fascinating Facts About Wisdom Tooth Extraction



Wisdom Tooth Extraction is one of the most common dental procedures that can be performed on many people around the world to fix their wisdom teeth. Even though many people may experience severe swelling and pain, there are a few interesting facts behind the wisdom teeth and why they need to be removed. By understanding these fun and fascinating facts about the wisdom teeth extraction, you can experience less intimidation when helping patients and the importance of proper dental care.

What Are Wisdom Teeth and Why Are They Called That?

As you know, wisdom teeth are the third set of molars, which usually appear between the ages of 17 and 25 and tend to emerge later in life with maturity and wisdom. In most cases, people may develop four wisdom teeth, and some may have fewer or none at all based on their dental care and family background. The arrival of wisdom teeth often marks the final stage of adult dental development.

Why Did Humans Originally Need Wisdom Teeth?

In ancient days, humans usually relied on tougher diets which included raw plants, roots, nuts and uncooked meat, and so wisdom teeth provide an extra support for raw chewing power in order to break down coarse food. After human evolution, the diets and cooking methods drastically changed, and jaw size gradually became smaller, with not enough room to accommodate these extra molars comfortably.

Is Wisdom Teeth Extraction More Common Than People Think?

Wisdom teeth extraction is extremely common among teenagers and young adults, and the dental surgeons are providing the best **Wisdom Tooth Pain Relief** practices to reduce the discomfort. As the wisdom teeth removal procedure is so routine, the dental surgeons are relying on advanced techniques and modern methods to improve patient comfort and their recovery experiences.

Is It True That Some People Never Get Wisdom Teeth?

Yes, one of the interesting facts about wisdom teeth is that some people never have wisdom teeth, while others have only a few. According to dental research, the arrival of wisdom teeth is based on genetics and in some cases, they are also due to evolutionary changes in the jaw structure of people.

Why Are Wisdom Teeth Often Removed?

The primary reason why Wisdom teeth are often removed for many people is that there is not enough space for the teeth to grow properly in the mouth. Whenever the wisdom teeth are trapped beneath the gums or growing at unusual angles, it will have a significant impact, and so they are removed. The impacted wisdom teeth may result in pain, swelling, crowding, gum infections, and even cause damage to nearby teeth. So, the dental surgeons often recommend the removal process of wisdom teeth before it causes serious complications.

Can Wisdom Teeth Grow Sideways?

Another fascinating fact about wisdom teeth is that they can grow in unusual directions. While some wisdom teeth emerge sideways, tilted or even partially through the gums. These irregular growth patterns may create pressure in neighbouring teeth and may increase the risk of infection and discomfort. The usage of advanced dentistry, such as dental X rays, may identify these positioning problems early.

Why Is the Recovery Process Different for Everyone?

Even though the treatment process from [HawthornEastDental](#) Clinic is quite the same for people, the recovery of wisdom teeth may depend on factors like tooth position, age, oral health and complexity of the procedure. Some patients may recover within a few days from the teeth removal process, while some face swelling and mild discomfort for a longer period. By following the proper dental advice and aftercare instructions correctly, you can support a faster healing process from wisdom teeth removal.

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