

How to Go Green At Home



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ABSTRACT

This guide provides a comprehensive approach to creating an environmentally friendly home by adopting sustainable practices in everyday life. It explains simple yet effective strategies for reducing energy and water consumption, minimizing waste, and using eco-friendly cleaning methods. The guide also covers the importance of selecting sustainable materials for furniture and home decor, implementing efficient heating and cooling systems, and making conscious choices that reduce the household's carbon footprint. Additionally, it offers practical tips for maintaining a healthy and safe home environment while supporting broader environmental goals. Designed for both beginners and those already familiar with green practices, this guide encourages small consistent changes that collectively make a significant difference.



In addition to energy and water conservation, this guide emphasizes the importance of mindful consumption and waste reduction. Simple actions, such as composting, recycling, and choosing eco-friendly products, can significantly decrease household waste and promote a circular economy. Furthermore, exploring green gardening techniques and incorporating renewable energy sources, like solar power, can enhance a home's sustainability. Overall, this comprehensive approach to going green at home empowers individuals to make informed choices that benefit both their families and the environment.

LET'S GET STARTED

Going green at home is an essential step toward fostering a sustainable future and mitigating environmental challenges. This guide explores various practical strategies that individuals and families can implement to reduce their ecological footprint while enhancing their living spaces. Key areas of focus include energy efficiency, water conservation, and waste reduction. By making simple yet impactful changes—such as switching to LED lighting, using low-flow fixtures, and embracing recycling and composting—households can significantly decrease their resource consumption and contribute to a healthier planet.

In addition to energy and water conservation, this guide highlights the importance of mindful purchasing and sustainable living practices. From choosing eco-friendly cleaning products and supporting local businesses to engaging in green gardening and exploring renewable energy options, the journey to going green encompasses a holistic approach to everyday life. By adopting these sustainable habits, homeowners not only promote environmental well-being but also enjoy the benefits of reduced costs and improved quality of life. This overview aims to inspire and empower individuals to take actionable steps toward creating a greener home.

WHAT IS GREEN LIVING ?

Green living, also known as sustainable living, refers to adopting a lifestyle that minimizes an individual's or community's environmental impact. It encompasses a variety of practices and principles aimed at reducing resource consumption, conserving energy, and promoting ecological balance. Here's a detailed breakdown of what green living entails:

1. Sustainable Consumption

- **Mindful Purchasing:** Green living encourages individuals to make informed choices when buying products. This includes selecting items that are environmentally friendly, such as those made from sustainable materials, organic foods, and products with minimal packaging. Supporting local businesses and artisans can also reduce the carbon footprint associated with transportation.

- Reducing Waste: Emphasizing the "reduce, reuse, recycle" mantra, green living promotes the idea of consuming less and making the most of what you already have. This can involve repairing broken items, using reusable containers and bags, and composting organic waste to minimize landfill contributions.

2. Energy Efficiency

- Reducing Energy Use: Implementing energy-efficient practices is a cornerstone of green living. This includes using energy-efficient appliances, installing LED lighting, and utilizing smart thermostats to manage heating and cooling. Simple actions, like turning off lights when leaving a room or unplugging devices when not in use, can further reduce energy consumption.

- Renewable Energy Sources: Many individuals who adopt a green lifestyle look to renewable energy options, such as solar or wind power. Installing solar panels or using community-supported renewable energy programs helps reduce reliance on fossil fuels and lowers greenhouse gas emissions.



3. Water Conservation

- **Efficient Water Use:** Green living emphasizes the importance of conserving water resources. This can be achieved through practices like installing low-flow faucets and showerheads, fixing leaks promptly, and utilizing drought-resistant landscaping. Collecting rainwater for irrigation is another effective strategy.
- **Mindful Water Consumption:** Simple habits, such as turning off the tap while brushing teeth or taking shorter showers, contribute significantly to water conservation efforts.

4. Sustainable Transportation

- **Reducing Car Dependency:** Green living encourages alternatives to driving alone, such as carpooling, biking, walking, or using public transportation. This not only reduces greenhouse gas emissions but also lessens traffic congestion and air pollution.
- **Choosing Eco-Friendly Vehicles:** When driving is necessary, individuals may opt for fuel-efficient or electric vehicles that produce fewer emissions.

5. Eco-Friendly Home Practices

- **Green Building and Renovation:** For those building or renovating homes, green living promotes the use of sustainable materials, energy-efficient designs, and proper insulation. Techniques such as passive solar heating, green roofs, and efficient waste management systems further enhance a home's sustainability.
- **Indoor Air Quality:** Using non-toxic paints, natural cleaning products, and incorporating plants that improve indoor air quality are crucial elements of green living. Ensuring proper ventilation helps maintain a healthy indoor environment.

6. Supporting Biodiversity and Local Ecosystems

- **Sustainable Gardening:** Green living encourages practices like organic gardening, permaculture, and planting native species. These practices support local wildlife, reduce chemical use, and promote biodiversity.

- **Wildlife Conservation:** Supporting conservation efforts and engaging in responsible land use practices help protect natural habitats and maintain ecological balance.

7. Community Involvement

- **Engagement and Advocacy:** Green living often involves participating in community initiatives, such as local clean-up events, tree planting, and advocating for environmental policies. Building a supportive community encourages shared responsibility and fosters collective action toward sustainability.

Conclusion

Green living is about making conscious choices that promote environmental stewardship and sustainability. By integrating these practices into daily life, individuals can contribute to the health of the planet while enhancing their well-being and that of future generations. Embracing green living is not just a personal choice; it's a collective movement toward a more sustainable and equitable world.



THE LINK BETWEEN YOUR GREEN ENVIRONMENT AND YOUR HEALTH

A green environment significantly impacts personal health, promoting both physical and mental well-being. Improved air quality in areas with abundant trees and vegetation helps reduce pollution, leading to lower rates of respiratory illnesses and cardiovascular diseases. Plants also produce oxygen, enhancing overall health.

Access to green spaces encourages physical activity, reducing obesity and related health issues. Furthermore, spending time in nature has been shown to alleviate stress, anxiety, and depression, contributing to better mental health. Overall, integrating more greenery into our surroundings fosters a healthier, happier lifestyle.

Sustainability Advantage



We are working with medium and large organisations to accelerate the adoption of sustainable practices and nurture leaders committed to securing a sustainable New South Wales.

Sustainability Advantage has a successful track record of catalysing and facilitating excellence in corporate sustainability. Sustainability Advantage assists organisations to become sustainability leaders by:

- supporting organisations to embed sustainability into everyday practices

- helping organisations to be more efficient and save money by reducing resource and energy use, water use and waste
- encouraging organisations to set ambitious targets to reduce carbon emissions
- cultivating networks and collaborations to solve sustainability challenges and achieve the United Nations Sustainable Development Goals.
- Membership will give you access to services to help your business thrive by being more sustainable.

Sustainability Advantage services

Working with member organisations to provide practical assistance, build capacity and share valuable tools to help make their business more competitive and sustainable.

For over a decade, Sustainability Advantage has been successfully working with more than 800 NSW organisations, helping them to save over \$120 million every year.

Who we work with

Membership is open to medium to large NSW organisations, with members from a diverse range of industries including manufacturing, local and state government, property and construction, commercial, tourism and hospitality, health and aged care.

How we can help

We tailor services to meet individual member needs, whether an organisation is taking its first steps or seeking to address complex sustainability problems.

Members also often seek opportunities to collaborate on innovative projects or demonstrate their determination to be leaders in their communities.

Sustainability Advantage can help your organisation:

- develop and deliver sustainability strategies
- address carbon, climate and compliance risks to your business
- identify and implement resource efficiency opportunities to save energy and water, reduce waste and decarbonise operations
- engage staff, customers, suppliers and communities
- address environmental and social issues in your supply chain
- ensure your organisation is resilient to climate change
- connect with an established network of sustainability leaders and gain recognition of achievements.

Our member organisations understand that a sustainable business is a successful business. Many are at the forefront of global trends for sustainability and are committed leaders aligning strategies and operations to positively impact their business, the environment, and society. Together we seek to find opportunity in a carbon and resource constrained world.

Our priorities include:

- transitioning to Clean Energy and Net Zero Emissions.
- working towards the United Nations Sustainable Development Goals
- delivering a Circular Economy for NSW.

Adapt and transform: Finding business value in a regenerative economy

EY's new research on trends and opportunities for aligning a post COVID-19 Australia to a regenerative economy was jointly commissioned by our department and WWF Panda Labs as an inspiring thought-starter for our Sustainability Advantage Impact Challenge. It identifies growing market opportunities in the regenerative economy, including the benefits for future-focused businesses and start-ups keen to capitalise on new markets.

SUSTAINABILITY AT HOME

In the backyard

- planting your own bush garden;
- contacting your council for a list of local native plants to grow and noxious weeds to remove;
- encourage native wildlife into your backyard by creating a sanctuary for native animals in your garden.
- not having cats;
- making and using compost rather than fertilisers;
- relaxing in and enjoying your garden.

In the home

- keeping a compost bin handy for all your food scraps
- using the drain for water only – not oils or solid matter
- sorting your rubbish – recycle bottles, cans, plastics, milk cartons and paper
- using string shopping bags instead of plastic ones;
- making sure all of your taps turn off fully, to save water wastage;
- using a fly swat instead of fly spray, to avoid harming other insects
- turning off lights and electrical appliances when they are not being used: to save power



SOME SIMPLE WAYS TO BE GREENER AT HOME

Living a greener life and creating a more sustainable home is something everyone strives for, but knowing where to start can be overwhelming. Here are some super-simple eco-friendly updates and changes you can make to do your bit for the environment.



1. check the label

Greenwash is a term to describe how just about everything these days is labelled as “green” or “eco”. To find out if furniture, flooring, paint and building materials actually have legitimate green credentials, check with Good Environmental Choice Australia. It’s Australia’s only independent, not-for-profit eco-labelling program.

2. quality over quantity

Buy with longevity in mind and go for quality over quantity. the Australian Bureau of Statistics revealed that, on average, each Australian sends 23 kilos of textiles to landfill per year. it takes 10,000 litres of water to grow the cotton used to make the denim for a pair of jeans, so choose a pair that will last. Organic cottons are kinder

to the environment and fabrics like pure linen tend to last longer. The same goes for your furnishings.

3. eradicate plastic

To avoid wasting plastic bags, keep your fruit and veg loose when shopping. At home, transfer them into reusable breathable fabric bags that can be stacked in the fridge – they'll stay much crisper for longer!

4. eco clean

To give your home a green clean, bicarb and vinegar are both wonderful, natural cleaning solutions. There are also plenty of great eco cleaning products available.

5. try bokahsi

Want to compost but don't have a big garden? "Try a Bokashi bucket an easy-to-use compact composting system if space is tight. Also, some councils allow fruit and vegetable scraps in green waste." Costa Georgiadis, host of Gardening Australia and International Composting Awareness Week ambassador.

6. reduce food waste

Do you waste a lot of food? Try growing your own, even if it's just a pot of basil on the windowsill, and you might rethink the way you shop and eat. "With 40 per cent of household waste consisting of food waste, respect for the process is more important than ever." Emma Bowen, GM, Pocket City Farms. If you have the space you can also create a garden farm to grow your own vegetables, fruit trees and herbs.

7. coffee conscious

Coffee lovers, don't try to recycle takeaway cups – they have a plastic coating recycling centres can't process. If you use coffee pods, take part in Nespresso's capsule-recycling program or try refillable stainless steel capsules.

8. sustainable building materials

Timber can be used throughout your home, from your pool decking to your kitchen cabinets. Look for Forest Stewardship Council certification when you're buying

timber for your home – this is your guarantee that it's been sourced in an environmentally responsible manner.

9. buy local

When grocery shopping, support Aussie farmers. "The distance travelled by fruit and vegetables in Australia is estimated to generate CO² emissions of about 480g per kilo. Buying local produce will reduce this dramatically

10. showerhead switch

If you really can't (or don't want to) shorten your shower time, upgrade your showerhead. A standard showerhead uses about 15 to 25 litres of water per minute, while a three-star-rated water-efficient showerhead uses as little as 6 or 7 litres per minute!

11. LED lights

Buy LED light globes – they cost a little more than Compact Fluorescent Lamp (CFL) bulbs, but an LED provides 15,000 to 50,000 hours of illumination compared to a CFL's 6000 hours.

12. be water wise

These are two of the easiest ways to save water in the bathroom: Turn off the tap while you brush your teeth and you could save up to 30 litres of water a day. Also, take a shower instead of having a bath. A shower uses about 35 to 95 litres while a bath can use up to a whopping 250 litres!

13. dispose thoughtfully

Leftover paint is hard to dispose of, but instead of waiting for council clean-up day, now you can drop off half-used tins at Paintback's nearest collection point. Paintback will separate the liquid and packaging, then recycle the containers. Waste paint is treated in a number of ways, which minimises landfill.

14. concentrated cleaning

If you really want to ensure your natural cleaning products of choice are in fact "green", then you need to scrutinise the labels and enquire to find out the complete

list of ingredients if the packaging is vague. Or, to save you time, follow our guide to the best cleaning products in Australia.

15. fill your home with plants

Indoor house plants can remove toxins from indoor air, so filling your home with ferns, cactus, and leafy plants is one of the most eco-friendly choices you can make. If you have trouble keeping them alive try some low-maintenance plants you'd have to try to kill.

16. upgrade your appliances

That old washing machine could be costing you and the environment! Some modern appliances are far more water and energy-efficient than they used to be so have a look at what energy and water saving upgrades are available.

17. temperature control

Heating and cooling accounts for a huge percentage of your home's energy draw in winter and summer. Try to select more moderate temperature control during both extremes. For example, you can set your heater between 18°C and 20°C and slash its running costs by up to 10 per cent, while in summer, try setting your air conditioner between 24°C and 26°C.

18. save on heating

To save heating costs in winter, Draught proof your home so warm air stops escaping. The easiest way to do this is with curtains or a draught excluder (also called a door snake), which you put at the bottom of doors and windows.

19. eco apps

Use your phone for good! Today, there are some amazing apps with information and tools that will help you stay ahead of the sustainability game at home.

20. recycle... of course

Most of us are across the basics of what can and can't go into our kerbside recycling collection. But there may well be a few items you're unsure about.

WASTE LESS, LIVE BETTER AT HOME

Adopting a waste-less lifestyle at home not only contributes to environmental sustainability but also enhances your overall quality of life. By implementing mindful practices and reducing waste, you can create a healthier living space, save money, and promote a sense of well-being. Here's a detailed guide on how to waste less and live better at home:



1. Declutter and Organize

- Evaluate Possessions: Start by assessing what you truly need and use in your home. Donate or sell items that are no longer useful, and recycle materials whenever possible. This decluttering process helps reduce clutter and creates a more peaceful living environment.

- Organized Storage Solutions: Use clear storage bins, shelves, and labels to keep your space tidy. An organized home reduces the likelihood of buying duplicates and promotes efficient use of space.

2. Reduce Food Waste

- Meal Planning: Plan your meals for the week to avoid buying excess food. Create a shopping list based on your meal plan to minimize impulse purchases.

- Proper Food Storage: Store food correctly to extend its shelf life. Use airtight containers and understand how to best store fruits and vegetables to prevent spoilage.

- Composting: Set up a composting system for kitchen scraps and organic waste. Composting not only reduces landfill waste but also creates nutrient-rich soil for gardening.

3. Mindful Shopping

- Choose Quality Over Quantity: Invest in high-quality, durable products that will last longer rather than cheaper items that may need frequent replacement. This approach not only reduces waste but also saves money in the long run.

- Buy in Bulk: Purchase items in bulk to reduce packaging waste. Many stores offer bulk bins for grains, nuts, and cleaning supplies, allowing you to bring your own containers and minimize plastic use.

- Sustainable Brands: Support brands that prioritize sustainability and ethical practices. Look for products made from recycled materials or those that have minimal packaging.

4. Eco-Friendly Cleaning

- DIY Cleaning Solutions: Create your own cleaning products using natural ingredients like vinegar, baking soda, and essential oils. This reduces chemical waste and avoids harmful substances in your home.

- Reuse Cleaning Supplies: Instead of disposable wipes, use washable cloths for cleaning. Consider using refillable cleaning products to cut down on single-use plastic containers.

5. Energy Efficiency

- **Energy-Saving Appliances:** Invest in energy-efficient appliances that consume less power, reducing both energy waste and utility bills. Look for ENERGY STAR-rated products.
- **Mindful Energy Use:** Turn off lights when not in use, unplug electronics, and use natural light whenever possible. Consider switching to LED bulbs for better energy efficiency.

6. Water Conservation

- **Fix Leaks Promptly:** Address any leaks in faucets, toilets, or pipes to prevent water waste. A small leak can waste a significant amount of water over time.
- **Low-Flow Fixtures:** Install low-flow showerheads and faucets to reduce water usage without sacrificing performance. Collect rainwater for outdoor use, such as watering plants and gardens.

7. Sustainable Gardening

- **Grow Your Own Food:** Consider starting a vegetable or herb garden. Growing your own food reduces reliance on store-bought produce and minimizes packaging waste.
- **Native Plants:** Use native plants in your landscaping to support local ecosystems. They typically require less water and maintenance, making them a sustainable choice.

By implementing these strategies, you can waste less and live better at home. Embracing a waste-less lifestyle not only benefits the environment but also enhances your well-being and creates a more harmonious living space. With mindful choices and conscious habits, you can contribute to a more sustainable future while enjoying the numerous benefits of a clutter-free, eco-friendly home

RENOVATE HOME BY YOURSELF SUSTAINABLY

Renovating your home sustainably by yourself can be a rewarding and eco-friendly endeavor that helps reduce your environmental impact while saving money. The key to a sustainable renovation lies in using materials and methods that minimize waste, conserve resources, and enhance the energy efficiency of your home.

Start by planning your renovation with sustainability in mind. Assess what can be reused, repurposed, or salvaged from your current home, such as doors, fixtures, or wood. This reduces waste and the need to purchase new materials. If new materials are necessary, opt for eco-friendly options like recycled wood, bamboo, or reclaimed metal, which are renewable and have a lower environmental impact.



Energy efficiency should also be a priority. Upgrade insulation in walls, ceilings, and floors to reduce heating and cooling costs. Installing energy-efficient windows can prevent heat loss in winter and keep your home cooler in summer.

Additionally, consider using low-energy lighting such as LED bulbs, and invest in energy-efficient appliances.

When it comes to painting or refinishing surfaces, choose non-toxic, low-VOC (volatile organic compounds) paints, which improve indoor air quality and are safer for the environment. Similarly, opt for sustainable flooring options such as cork, linoleum, or reclaimed wood, all of which have lower environmental footprints.

Water conservation is another important aspect. Install water-efficient fixtures like low-flow showerheads and faucets, and consider adding a rainwater collection system for landscaping use. Finally, consider the long-term impact of your renovation. By choosing durable, high-quality materials, you can ensure that your renovation lasts longer and reduces the need for future repairs, cutting down on waste and resource consumption.

With thoughtful planning and conscious choices, you can create a more sustainable, eco-friendly home renovation that benefits both you and the planet.

How to Start a Green Cleaning Routine at Home?

When you walk through the cleaning aisle, you might notice the growing hype about green cleaning products. Eco friendly packaging, bold 'green' labels and natural ingredients dominate the entire market and attract conscious consumers. Non toxic cleaners are not only better for the ecosystem, but also safer to use around children and pets in the home.

The majority of homeowners are adopting green cleaning over traditional products and tools to promote a healthy, hygienic and breathable indoor environment. However, making conscious choices is pivotal to avoid misleading marketing claims. It is because some products use alternatives to ammonia and bleach that are equally hazardous. So, creating customer awareness can help you make the most of your sustainable cleaning practices.

Here is a comprehensive on starting a green cleaning routine at home. By reducing household chemicals, single use plastics and conserving water, you can make a huge difference in creating a healthy, hygienic and livable indoor and outdoor environment.

1. Take Inventory of Your Cleaning Products

Begin by checking the products you already have in your cleaning caddy. Look at the labels and check the ingredients. Many store bought cleaners contain hazardous compounds like bleach, synthetic fragrances, and ammonia that can be lethal. You just need to dispose of them properly before creating your green cleaning routine.

Avoid pouring lethal chemicals down the drain. Instead, contact your local waste facility to understand the right method to dispose of hazardous household waste safely. Eliminating synthetic cleaners can make a world of difference. Also, don't hesitate to ask relevant questions when booking a best end of lease cleaning Sydney at the end of your tenancy. This can help you pass rental inspection without any disagreement.

2. Choose Sustainable Cleaning Tools

Synthetic sponges, paper towels, plastic brushes and scrubbers not only add to the landfill waste but also contribute to microplastic pollution. If you want to adopt a sustainable cleaning routine, start using cleaning tools made from all-natural materials, such as bamboo, coconut husk, cotton fabrics, wood, etc. You can stock up on:

- Microfiber cloths: These are economical, eco friendly and effective in trapping dust and gunk.
- Bamboo sponges: These are reusable and can scrub surfaces without causing any damage
- Reusable mop pads- You can use them multiple times before composting.
- Wooden brushes: Scrub surfaces to dislodge gunk. Replace disinfecting wipes with natural cleaning products.

These sustainable alternatives can do wonders in cutting down on waste while saving you money.

3. Prepare Eco Friendly Cleaning Products



Replace store bought, traditional household cleaners with homemade ones to keep toxic fumes and allergies at bay. The best part is that you can prepare DIY recipes at home using all natural ingredients from your kitchen pantry or bathroom cabinet. Here are some safer and effective alternatives to ammonia and bleach based cleaners:

- **White Vinegar All Purpose Spray:** Mix equal parts of vinegar and warm water into a spray bottle. Add a few drops of dishwashing soap and 10 drops of tea tree oil to remove gunk and grease from almost all surfaces, including windows, glass surfaces, ovens, microwaves, fridges, etc. Don't use it on natural stone surfaces.
- **Baking Soda Degreaser:** Remove oil splatters, buildup grease and food particles from kitchen surfaces and appliances using baking soda and warm water paste. You can also freshen up your carpets by sprinkling a generous amount of baking soda and vacuuming it after an hour.
- **Homemade Mould Remover:** Spray 3% hydrogen peroxide on mould and mildew stains, scrub with an old toothbrush and rinse the area. Ensure you dry completely to prevent further buildup.
- **pH-Neutral Floor Cleaner:** Use rubbing alcohol to kill lingering germs and bacteria
- **Warm Water:** Wash bed linens and pet toys.

4. Replace Plastic Bottles with Reusable Containers

Plastic pollution is one of the major concerns in Australia. It not only leads to pollution but also poses a threat to marine life. If you want to go sustainable, break the cycle of buying single use plastic bottles.

You can include this in your house cleaning resolution checklist by opting for

reusable containers or glass bottles. Many of these come with a silicone cover to prevent tumbles when cleaning. This can help you reduce your carbon footprint while saving you a lot of money in the long run.

5. Read Labels When Buying Green Products

If you have decided to buy green cleaning products from the market, look for eco certifications, such as EcoLogo, Australian Certified Organic, and Green Seal, to check the credibility of the products. These labels ensure that the product has been tested for environmental standards. Also, read the ingredient list and make a well informed decision.

You can also hire end of lease cleaning Sydney experts if moving out of your rental home soon. They bring tried and tested products to deliver exceptional results.

6. Upcycle Old Stuff Into Cleaning Tools

Before disposing of old clothes, rags, towels and toothbrushes, think about sustainability and reusability. These can be repurposed into cleaning tools, such as dusters, rags, brushes and wipes. It can help reduce textile waste but also save you money. Using a green cleaning routine is all about using what you already have and creating wonders.

To add more fun, involve your kids into the DIY project and enjoy a family friendly activity every Sunday. Isn't it fantastic!

However, if you are vacating a rental property, contact the most reliable company for a quality end of lease cleaning Sydney and pass your rental inspection without any dispute.

7. Conserve Water When Cleaning

Adopting a green cleaning routine isn't just about using eco friendly products. It is more about saving our precious resources like water. You need to be mindful when using water for household cleaning.

Instead of letting faucets run continuously, fill water in buckets and spray bottles to optimise water use. Also, use microfiber cloths and mops as these require less water. Also, focus on adopting water efficient cleaning methods, such as steam cleaning, vacuum cleaning, etc to tackle embedded dust and grime efficiently because every drop you consume matters!

Wrapping up

Adopting a green cleaning routine at home is a great way to protect the environment. By making small changes in your routine and buying habits, you can create a spotless, healthier, hygienic living space without using harsh and expensive chemically laden cleaners.

CONCLUSION

Embracing a green lifestyle at home is a powerful way to contribute to environmental sustainability while enhancing the quality of your daily life. By incorporating simple yet impactful changes—such as energy-efficient lighting, water-saving fixtures, and reducing household waste through composting and recycling—you can significantly lower your ecological footprint. These small steps not only conserve natural resources but also lead to cost savings over time, making green living a practical and rewarding choice.



Additionally, going green at home promotes healthier living conditions by improving air quality, reducing exposure to harmful chemicals, and encouraging a

more mindful approach to consumption. Whether it's through sustainable gardening, eco-friendly renovations, or renewable energy adoption, creating a greener home is a meaningful way to contribute to a sustainable future, benefiting both your household and the planet.

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